

## **The Checkbook Game**

This exercise is highly recommended by Abraham-Hicks and it's also lots of fun to do! It helps develop your prosperity consciousness by raising your vibration around money. It's also a good way to uncover money comfort zones. Here's how it works:

Day 1- Receive and spend \$1,000

Day 2- Receive and spend \$2,000

Day 3- Receive and spend \$3,000

Day 4- Receive and spend \$4,000 and on it goes for as long as you want to keep doing it. I recommend you do it for at least 60 days but there is nothing that says you can't do it every day for the rest of your life.

Spend the money in any way you want. Pay off your debts, put money away for the kids to go to college, give to a charity, give it away to total strangers, buy a new house, whatever you want.

Also, make it as real as possible. Write the checks out to the charity or mortgage company by name. Treat the slips enclosed like real money. The more realistically you do this exercise, the more effect it will have.

**Find the deposit slips and checks below.** Just print them out and have fun!

Sample check:

Financial Freedom Bank

No. 200

DATE 20 08

Pay to the order of

Make A Wish Foundation

\$ 10,000

Ten--Thousand

OVERS



Security Feature  
Includes  
Protective  
Paper

MEMO


Jason Hundley

⑆ 2300 ⑆ 2300 ⑆ 2300 ⑆ 2300 ⑆ 0 ⑆ 00 ⑆

Financial Freedom Bank No. 200

DATE 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*OVERS*  Security Feature  
Included


MEMO \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

DATE 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*OVERS*  Security Feature  
Included


MEMO \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

DATE 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*OVERS*  Security Feature  
Included


MEMO \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

*DATE* 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*QUEBEC*  Security Features Included


*Memo* \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

*DATE* 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*QUEBEC*  Security Features Included


*Memo* \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

*DATE* 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*QUEBEC*  Security Features Included


*Memo* \_\_\_\_\_ MP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

Financial Freedom Bank No. 200

*DATE* 20 \_\_\_\_\_

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*OVERS*  Security Feature  
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*Memo* \_\_\_\_\_ AP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

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⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

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*OVERS*  Security Feature  
Included


*Memo* \_\_\_\_\_ AP

⑆ 2300 1 2300 1 2300 1 2300 ⑈ 0 100 1

*Financial Freedom Bank* No. 200

*DATE* 20 \_\_\_\_\_

Pay to the order of \_\_\_\_\_ \$ \_\_\_\_\_

*OVERS*  Security Feature  
Includes  
Microprint

*MESNO* \_\_\_\_\_ AP

⑆ 2300 ⑆ 2300 ⑆ 2300 ⑆ 2300 ⑆ 0 100 ⑆

### Deposit Ticket

Date \_\_\_\_\_

Deposits May Not Be Available for Immediate Withdrawal

\_\_\_\_\_

Sign Here for Cash Received (If Required)

Cash		
Checks		
<b>Total</b>		
Less Cash Received		
<b>Total Deposit</b>		

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